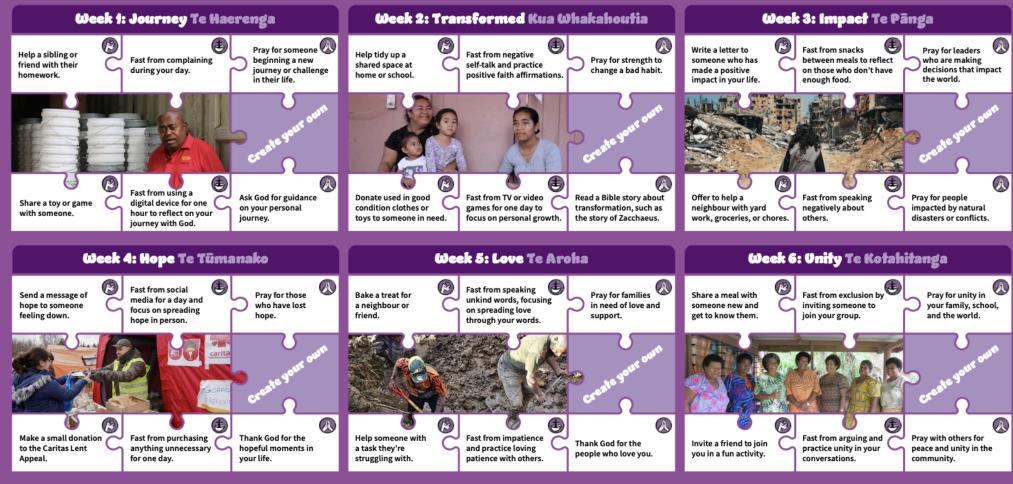
## KEEP IT SIMPLE FOR LENT ACTION PLAN 2025

This Lent, Caritas challenges YOU to piece together love and hope through acts of praying, fasting, and almsgiving. Each small action shown here helps restore hope, one piece at a time. Let your prayers, sacrifices, and generosity speak through kindness, compassion, and love, making a real difference in the world.



Piece by piece, we restore hope — your compassion in action! Iti nei, iti nei, ka whakapiki anō mātou i te tūmanako — tō pūaroha e whakatinanatia ana!





